



D. K. GOVERNMENT COLLEGE FOR WOMEN

Nellore, Andhra Pradesh- 524003

Autonomous College, College with Potential for Excellence

Re-accredited with "A" Grade by NAAC



DEPARTMENT OF HOME SCIENCE

INNOVATIVE PRACTICE

FOOD HILLS REPORT

3-1-2019

Importance of food hills:

- The food canteen is a great place to promote and enjoyment of health eating.
- For students who use the canteen regularly the food purchased makes a significant contribution to their total food intake and nutrition.
- The canteen also plays an important role within the healthy eating and life style which are taught.
- The food provided has considerable influenced on the development of children long term eating habits.
- It provides nutritious food with reliable price.
- It plays a vital role in the promoting healthy food and creates a culture of healthy eating.



OBJECTIVES:

- 1. To prepare with reliable cost in the college campus.
- 2. To learn catering service management.
- 3. To enhance employability skills for students.
- 4. To maintain clean and healthy cooking pattern and serve the dishes.
- 5. Organised the planned food canteen in a profitable.
- 6. To develop good management and marketing practices among students.

METHODOLOGY:

- The day before the program students finalised the food items that are prepared for sale.
- The lists of items were: 1. Panipuri2. sundal3. bajji

• FORMATION OF COMMITTEES :

- The students performed in to different committees for effective functioning of the program.
- The committees were :
 - 1.planning committee
 - 2.purchasing committee
 - 3.cooking committee
 - 4.serving committee
 - 5.reception committee
 - 6. Finance committee

• PLANNING COMMITTEE :

- We are planned a food hill before two days and stored all food ingredients in the nutrition lab.
- We have planned to conduct food hills on **3-1-2019**.

- As we are planned to invest **2000 /-rupees**.
- **PURCHASING COMMITTEE :**
- The purchasing committee purchased all the provisions and vegetables for preparing the food items.
- The provisions were cleaned and separated the items were stored in right place like cupboards and refrigerators.
- **COOKING COMMITTEE:**



- Cooking committee consisted of three head cooks and one assistant cook for each.
- Each head cook was ready to prepare there food items by boiling sundal in cooker , cutting the required vegetables like onions , tomatoes, coriander, potatoes, bananas.
- Mean while chillies were cut in to two pieces and the seeds were removed from them to avoid too much of spicy.

- The dough was made ready for the three items and the cooking were started.



SERVING COMMITTEE:



- Serving and reception committee members selected auditorium for serving the food items .
- For this day arranged tables and chairs , and tables were covered with table cloth , water , napkins and flower pots were also arranged on the tables to make the place more attractive.
- The place was divided in to three areas :
- 1.reception
- 2.dining
- 3.serving areas
- 5. **RECEPTION COMMITTEE:**



- Reception committee displayed the nutritive value of food items the menu and cost of each food item on the displayed board and three tables were laid at the entry of the food hills.
- Big table was laid near the serving area to keep the three varieties of food items and garnishing items, serving plates, banana leaves were kept ready.
- As informed in the circular earlier by 3: 00 pm the food park was started.
- Principal, staff members and students purchased the food items and tasted the delicious dishes and appreciated the students for their work.

- **6. FINANCE COMMITTEE:**

- Students initially started this food hills with an investment of **2000 /-rupees** and earned 5600/- . The profit was **3600/-rupees**.

CONCLUSION:

- ✓ **Thus, we successfully completed food hills and we learnt employment skills in running a food canteen.**




Principal
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